

Stage Records

| Stage | Sex | Time | Year | Runner | Club |
|-------|-----|----------|------|------------------|------------------------------|
| 1 | M | 01:14:00 | 1999 | Mike Davis | Stroud & District AC |
| 1 | F | 01:29:45 | 2003 | Tara Park | Cheltenham & County Harriers |
| 2 | M | 01:20:48 | 2000 | Rob Hayday | Corsham RC |
| 2 | F | 01:28:25 | 2008 | Laura Kent | Cheltenham |
| 3 | M | 00:56:58 | 2006 | Craig Davey | City of Bath AC |
| 3 | F | 01:03:23 | 2009 | Marianne Gitoes | Chepstow Harriers |
| 4 | M | 01:18:20 | 1998 | Mike Davis | Stroud & District AC |
| 4 | F | 01:30:01 | 2005 | Zoe Tucker | Bitton Road Runners |
| 5 | M | 01:10:17 | 2008 | Garry Hughes | Dursley & District AC |
| 5 | F | 01:24:13 | 2004 | Angie Sadler | Cheltenham & County Harriers |
| 6 | M | 00:59:00 | 2004 | Garry Hughes | Dursley & District AC |
| 6 | F | 01:10:18 | 2002 | Jessica Turnbull | Stroud & District AC |
| 7 | M | 00:48:08 | 2002 | Wayne Speake | Wells City Harriers |
| 7 | F | 00:52:08 | 2002 | Iona Robertson | Headington Road Runners |
| 8 | M | 01:15:15 | 2006 | Garry Hughes | Dursley & District AC |
| 8 | F | 01:28:17 | 2004 | Annabel Granger | Bristol AC |
| 9 | M | 00:56:14 | 2006 | Clive Bromhall | Bristol & West |
| 9 | F | 01:04:07 | 2005 | Holly May | City of Bath AC |
| 10 | M | 01:00:51 | 2000 | Niall Urquatt | Bath Amphibians |
| 10 | F | 01:05:12 | 1999 | Amanda Lindsay | City of Bath AC |